

Pleasant Valley Weekend



NO ENTRY FEES!!!



Rules and Regulations:

RACING TEAMS

- 1) Racing teams shall consist of one (1) rider and a maximum of four (4) runners/pushers.
- 2) At least one racer on the team must be eighteen (18) years of age or older.

SAFETY

- 3) All bed racers **MUST** sign the Waiver of Liability and acknowledgment of the Race Rules and Regulations.
- 4) Theme and costume attire is strongly encouraged, however, **YOU MUST BE ATTIRED!**
- 5) All runners/pushers shall wear athletic shoes suitable for street running.

BED DESIGN

- 6) Beds must measure at least 3' x 6', but no more than 6' x 8' **HANDLES INCLUDED.**
- 7) Beds must include a mattress. Pads do not qualify.
- 8) Beds must be designed with four (4) functional wheels making contact with the road surface at all times. **NO MOTORS OR MECHANICAL ASSISTANCE IS ALLOWED**
- 9) All beds will be inspected prior to racing for safety, mechanical issues and to insure they meet Bed Race regulations.
- 10) All beds must have a headboard and a footboard.
- 11) No sharp objects are to be used in design.
- 12) Beds are to be human propelled and steered only.

DURING THE RACE

- 13) Bed riders must sit or lay flat on the bed and wear a helmet - **THIS ISN'T SURFING COMPETITION!**
- 14) All runners/pushers must be in control of their bed until it comes to a complete stop.
- 15) **ALL MEMBERS OF TEAM AND BED MUST CROSS FINISH LINE TO WIN RACE.**
- 16) Beds must be pushed, **NOT** pulled.
- 17) This is a family event and all participants must conduct themselves appropriately at all times i.e., no swearing or inappropriate gestures. Failure to comply may lead to disqualification!

TO REGISTER



You may register one of two ways:

WWW.PleasantValleyWeekend.org or Call: 845.635.1448

For Complete Rules & To Register For Race:

www.pleasantvalleyweekend.org

Nancy Adams - 845.635.1448

