

Semper Fi Parents of the Hudson Valley support all military branches. Help us send needed and wanted items to our deployed troops.

Goods can be dropped off at the Pleasant Valley Town Hall.

Please NO glass or aerosol cans

- Powdered drink mix (single packets)
- Coffee, Tea (bags)
- Cocoa mix (packets)
- Peanut Butter (16 ounces or less)
- Protein Bars
- Dried fruit, Seeds, Nuts; 8 oz. or less
- Trail Mix; 8 oz. or less
- Small cans of fruit (no plastic)
- Tuna or Chicken (flip top cans or packets)
- Jerky (beef, chicken, turkey)
- Baby Wipes (150 or less packs)
- Foot Powder (medicated; antifungal)
- Band Aids, Q-tips, Tissue Packets
- Feminine Products
- Disposable Razors
- Shampoo (less than 20 oz.)
- Body Wash (less than 20 oz.)
- Sun Block
- Toothpaste / Brushes
- Lip Balm
- Socks – **Black** Cotton

www.semperfiarentshv.org E-mail: sfphvtroops@yahoo.com